



IBS CONSULTATION

Do you have IBS, feel constipated, bloated or in contrary have unexpected diarrhoea? Do you feel lots of anxiety of mood swings because of your condition? Would you like to discuss your symptoms and come up with a plan? Then this bundle is for you.

- ❖ Consultation with Andrea Okos, Colonic Hydrotherapist, member of Association of Registered Colon Hydrotherapist (ARCH) and The Global Professional Association For Colon Therapy (GPACT)
- ❖ Many times, IBS is due to unknown parasites or candida overgrowth or lack of good bacteria; thus, this bundle includes a stool analysis to reveal whether you have any parasites and to assess the status of your good and bad bacteria
- ❖ You will be also provided with some supplements: Multivitamins and minerals to boost your immune system, probiotic supplements to rebalance your bacteria population, digestive enzymes to increase assimilation of nutrients, liver support supplements for better digestion and Omega-3 to help with your mood swings and to fight inflammation.

Value of the bundle: £266.

Discounted bundle price: £259 (please note no further discounts from this price).

IBS CONSULTATION & COLONIC TREATMENTS

Do you have IBS, feel constipated, bloated or in contrary have unexpected diarrhoea? Do you feel lots of anxiety of mood swings because of your condition? Would you like to discuss your symptoms and come up with a plan? Would you also like to also include colonic hydrotherapy to alleviate your symptoms? Then this bundle is for you.

- ❖ Consultation with Andrea Okos, Colonic Hydrotherapist, member of Association of Registered Colon Hydrotherapist (ARCH) and The Global Professional Association For Colon Therapy (GPACT)
- ❖ Three colonic hydrotherapy treatments a week apart (you can only reschedule one appointment by one week only)
- ❖ Treatments include herb enema specifically for IBS symptoms
- ❖ Many times, IBS is due to unknown parasites or candida overgrowth or lack of good bacteria; thus, this bundle includes a stool analysis to reveal whether you have any parasites and to assess the status of your good and bad bacteria
- ❖ You will be also provided with some supplements: Multivitamins and minerals to boost your immune system, probiotic supplements to rebalance your bacteria population, digestive enzymes to increase assimilation of nutrients, liver support supplements for better digestion and Omega-3 to help with your mood swings and to fight inflammation.

Value of the bundle: £581.

Discounted bundle price: £529 (please note no further discounts from this price).

ADVANCED IBS CONSULTATION, COLONIC TREATMENTS FOOD INTOLERANCE TEST & ELIMINATION DIET

Do you have IBS, feel constipated, bloated or in contrary have unexpected diarrhoea? Do you feel lots of anxiety of mood swings because of your condition? Would you like to discuss your symptoms and come up with a plan? Would you also like to also include colonic hydrotherapy to alleviate your symptoms? Would you like to investigate whether some food you are eating triggers your symptoms? Then this bundle is for you.

- ❖ Consultation with Andrea Okos, Colonic Hydrotherapist, member of Association of Registered Colon Hydrotherapist (ARCH) and The Global Professional Association For Colon Therapy (GPACT)
- ❖ Three colonic hydrotherapy treatments a week apart (you can only reschedule one appointment by one week only)
- ❖ Treatments include herb enema specifically for IBS symptoms
- ❖ Many times, IBS is due to unknown parasites or candida overgrowth or lack of good bacteria; thus, this bundle includes a stool analysis to reveal whether you have any parasites and to assess the status of your good and bad bacteria
- ❖ You will be also provided with some supplements: Multivitamins and minerals to boost your immune system, probiotic supplements to rebalance your bacteria population, digestive enzymes to increase assimilation of nutrients, liver support supplements for better digestion and Omega-3 to help with your mood swings and to fight inflammation.
- ❖ As IBS symptoms might relate to sensitivity to food, this bundle includes a food intolerance test to be able to easily identify your trigger food(s)
- ❖ A second consultation with Andrea is included to discuss the results of the food intolerance test; you will need to bring a 3-5-day food and mood journal as well to this consultation
- ❖ After the consultation an elimination diet will be suggested based on the results of the test, which will also include a food re-introduction plan.

Value of the bundle: £880.

Discounted bundle price: £779 (please note no further discounts from this price).

Please visit our website at: www.loveyourselfdetox.co.uk for further information.

TO BOOK YOUR APPOINTMENT CALL OR TEXT ANDREA: 07939 225 289

OR BOOK ONLINE: www.loveyourselfdetox.acuityscheduling.com/

Disclaimer:

Any health information given to you by the therapist during any appointment or consultation, whether on the phone or in the office, handout or website is not intended to replace the relationship with your primary healthcare provider and it is not intended as medical advice. DO NOT discontinue any medication until you have consulted with your primary healthcare provider.

Please note that we do not claim to cure your condition; we will however help you alleviate your symptoms based on experience what helped other customers. You will however need to also make lifestyle changes yourself to get the most benefit possible.

Terms of booking:

By making your appointment with us, you agree to observe our terms of booking. Please pay your deposit in advance, otherwise your appointment will be cancelled. Full payment is due at the time of the first appointment. Further appointments will be scheduled at your first appointment. If you miss your appointment or you decide no longer desire to go through the program, no refund will be given. Only 1 appointment can be rescheduled by 1 week only (in case of 5 colonic hydrotherapy treatments, two appointments can be rescheduled, by 1 week only each).